

Charles City Middle School Lunch Menu

Fruit and Vegetable Offered Daily!

September
2020

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MONDAY

THURSDAY 3

Classic Cafe Crispy Chicken Tenders, Whole Grain Dinner Roll, Corn, Baby Carrots

TUESDAY 1

Classic Cafe Beefy Nachos w/cheese sauce, Romaine Lettuce, Cherry Tomato

FRIDAY 4

Classic Cafe Cheese Pizza, Roasted Cauliflower, Celery Sticks

WEDNESDAY 2

Classic Cafe BBQ Pulled Pork Sandwich, Baked Beans, Red Peppers

EXTRA INFO



Milk choice of white or chocolate available.
For questions/comments please contact your FSD
at 641-257-6505 or email taher@charles-city.k12.ia.us

Menus are subject to change without notice. This institution is an equal opportunity provider.



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7

MONDAY

Labor Day No School

10

THURSDAY

Classic Cafe Turkey Deli Sub Sandwich, Baby Carrots, Cucumber Slices

8

TUESDAY

Classic Cafe Chicken Crispito, Tortilla Chips, Refried Beans, Romaine Lettuce

11

FRIDAY

Classic Cafe Cheesy Italian Flatbread, Broccoli Florets, Red Peppers

9

WEDNESDAY

Classic Cafe Popcorn Chicken, Whole Grain Dinner Roll, Mashed Potatoes, Corn

EXTRA INFO

Harvest of the Month



Milk choice of white or chocolate available.
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Classic Cafe Crispy Chicken Sandwich, Roasted Cauliflower, Romaine Lettuce

17

THURSDAY

Classic Cafe Soft Beef Tacos, Spicy Pinto Beans, Salsa, Romaine Lettuce

15

TUESDAY

Classic Cafe Pasta with Meat Sauce, Rip Stick Breadstick, Green Beans, Romaine Lettuce

18

FRIDAY

Classic Cafe Roast Turkey & Gravy, Whole Grain Dinner Roll, Mashed Potatoes, Steamed Carrots

16

WEDNESDAY

Classic Cafe Hamburger on a Bun, Baked Beans, Cucumber Slices

EXTRA INFO

Harvest of the Month



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Classic Cafe French Toast Sticks, Sausage Patty,
Breakfast Potatoes, Baby Carrots

24

THURSDAY

Classic Cafe Ham Deli Sub Sandwich, Romaine
Lettuce, Cherry Tomato

22

TUESDAY

Classic Cafe Beef Hotdog on a Bun, Baked
Beans, Celery Sticks

25

FRIDAY

Professional Development No School

23

WEDNESDAY

Classic Cafe Crispy Chicken Nuggets, Whole
Grain Dinner Roll, Golden French
Fries, Broccoli Florets

EXTRA INFO



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MONDAY

Classic Cafe Corn Dog, Golden French Fries, Celery Sticks

THURSDAY

29

TUESDAY

Classic Cafe BBQ Rib Sandwich, Corn, Caesar Side Salad

FRIDAY

30

WEDNESDAY

Classic Cafe Sloppy Joe on a Bun, Baked Beans, Broccoli Florets

EXTRA INFO

Harvest of the Month



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