



Lincoln Elementary Lunch Menu

November
2022

Fruit and Veggie Bar Offered Daily!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Sloppy Joe on a Bun Crispy Chicken Tenders Whole Grain Dinner Roll Yogurt Pak with Bagel Baked Beans Broccoli Florets Sugar Cookie	2 Crispito Tortilla Chips Chicken and Cheese Quesadilla Chef Salad Roasted Corn Red/Orange Bell Pepper	3 Italian Meatball Sub Grilled Cheese Sandwich Turkey Ham Deli Sub Sandwich Sweet Potato Fries Cucumber Slices	4 Chicken Bacon Alfredo Flatbread BBQ Rib Sandwich Ham and Cheese Flatbread Munchable Caesar Side Salad Cauliflower Floret
7 French Toast Sticks Sausage Patty Corn Dog Turkey Ranch Wrap Breakfast Potatoes Baby Carrots	8 Crispy Chicken Nuggets Whole Grain Dinner Roll Sloppy Joe on a Bun Beef Taco Salad Cheesy Mashed Potatoes Cherry Tomato	9 Corn Dog Hamburger on a Bun Crispy Chicken Salad Baked Beans Broccoli Salad Chocolate Chip Cookie	10 Beefy Nachos w/Cheese Sauce Cheese & Pepperoni Flatbread Pretzel Bites w/Cheese Cubes Roasted Cauliflower Romaine Lettuce Salsa	11 Pepperoni Pizza Hot Turkey & Cheese Sandwich Honey Mustard Ham Wrap Steamed Green Beans Baby Carrots
14 Hamburger on a Bun Fish Sandwich with Cheese Ham Deli Sub Sandwich Golden French Fries Romaine Lettuce	15 Macaroni & Cheese Rip Stick Breadstick Crispy Chicken Sandwich Pizza Munchable Steamed Broccoli Red/Orange Bell Pepper	16 BBQ Chicken Sandwich Fish Nuggets Whole Grain Dinner Roll Chef Salad Baked Beans Coleslaw	17 Cheese Pizza Grilled Ham & Cheese Sandwich Turkey BLT Wrap Steamed Green Beans Baby Carrots	18 *Family Style* Roast Turkey & Gravy Mashed Potatoes Bread Stuffing Steamed Corn Whole Grain Dinner Roll Harvest Bar Warm Cinnamon Apples
21 Build Your Own Hot Dog Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey Deli Sandwich Kettle Potato Chips Cucumber Ranch Salad Celery Sticks	22 HOM: Prickly Pear Cheesy Italian Flatbread Chicken and Cheese Quesadilla Yogurt Pak with Bagel Roasted Broccoli Romaine Lettuce Prickly Pear Showing	23 Thanksgiving Break	24 Thanksgiving Break	25 Thanksgiving Break
28 Crispy Chicken Sandwich Corn Dog Turkey BLT Salad Baked Beans Red/Orange Bell Pepper	29 Pasta with Meat Sauce Rip Stick Breadstick BBQ Chicken Sandwich Pretzel Bites w/Cheese Cubes Roasted Cauliflower Caesar Side Salad	30 Grilled Cheese Sandwich Homemade Tomato Soup Chicken Bacon Ranch Melt Ham Deli Sub Sandwich Steamed Peas Cucumber Slices Chocolate Cherry Brownie		

PRICES	Regular Lunch	\$2.70
	Reduced Lunch	\$0.40
	Adult Lunch	\$4.20

EXTRA INFO

Milk choice of 1% white or FF chocolate available. For questions/comments please contact your FSD @ taher@charles-city.k12.ia.us



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