

Charles City Middle School Lunch Menu

Fresh fruit and veggie bar offered daily!



May
2022

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2

MONDAY

- Classic Cafe** Turkey BLT Flatbread, Kettle Potato Chips
- Diner Station** BBQ Rib Sandwich
- Fresh Choices** Crispy Chicken Salad, Buffalo Chicken Wrap

5

THURSDAY

- Classic Cafe** Chicken Fajitas, Mexican Corn, Shredded Lettuce, Green/Yellow Bell Pepper, Salsa
- Pizza Station** Cheese Pizza
- Fresh Choices** Chef Salad, Fiesta Munchable

3

TUESDAY

- Classic Cafe** Sloppy Joe on a Bun, Baked Beans, Cookie
- Pizza Station** Pepperoni Pizza
- Fresh Choices** Beef Taco Salad, Ham Deli Sub Sandwich

6

FRIDAY

PD Day/No School

4

WEDNESDAY

- Classic Cafe** Chicken Bites w/ Sweet & Sour Sauce, Brown Rice, Whole Grain Dinner Roll, Stir Fry Vegetable
- Diner Station** Grilled Ham & Cheese Sandwich
- Fresh Choices** Turkey BLT Salad, Chicken Caesar Wrap

EXTRA INFO

Harvest of the Month



Milk choice of white or chocolate available.
For questions/comments please contact your FSD
at 641-257-6505 or email taher@charles-city.k12.ia.us

Menus are subject to change without notice. This institution is an equal opportunity provider.



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9

MONDAY

Classic Cafe Chicken Bacon Ranch Melt, Tater Tots, Cucumber Ranch Salad

Diner Station Beef Hotdog on a Bun

Fresh Choices Chicken Caesar Salad, Turkey BLT Wrap

12

THURSDAY

Classic Cafe Beefy Nachos w/Cheese Sauce, Spicy Pinto Beans

Pizza Station Cheese Pizza

Fresh Choices Turkey BLT Salad, Turkey Deli Sandwich

10

TUESDAY

Classic Cafe Popcorn Chicken, Whole Grain Dinner Roll, Mashed Potatoes

Pizza Station Sausage Pizza

Fresh Choices 7 Layer Salad, Ham Deli Sub Sandwich

13

FRIDAY

Classic Cafe Italian Meatball Sub, Steamed Green Beans

Diner Station Crispy Chicken Tenders

Fresh Choices Chicken Caesar Salad, Turkey Ranch Wrap

11

WEDNESDAY

Classic Cafe Pancakes, Scrambled Egg, Breakfast Potatoes

Diner Station Ham, Egg, Cheese Breakfast Sandwich

Fresh Choices Buffalo Chicken Salad, Yogurt Pak with Bagel

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16

MONDAY

- Classic Cafe** Crispy Chicken Sandwich, Romaine Lettuce, Tomato Slices, Golden French Fries
- Diner Station** Corn Dog
- Fresh Choices** Beef Taco Salad, Ham Deli Sub Sandwich

19

THURSDAY

- Classic Cafe** Chicken & Gravy, Mashed Potatoes, Whole Grain Dinner Roll, Steamed Corn, Wheatberry Salad - Sample
- Pizza Station** Pepperoni Pizza
- Fresh Choices** 7 Layer Salad, Turkey BLT Wrap

17

TUESDAY

- Classic Cafe** Cheesy Italian Flatbread, Steamed Broccoli, Caesar Salad
- Pizza Station** Cheese Pizza
- Fresh Choices** Chef Salad, Crispy Chicken Wrap

20

FRIDAY

- Classic Cafe** Walking Taco, Refried Beans, Shredded Lettuce, Salsa
- Diner Station** Chicken and Cheese Quesadilla
- Fresh Choices** Harvest Chicken Salad, Turkey Deli Sub Sandwich

18

WEDNESDAY

- Classic Cafe** BBQ Chicken Sandwich, Baked Beans, Coleslaw, Chocolate Chip Cookie
- Diner Station** Fish Sandwich with Cheese
- Fresh Choices** Crispy Chicken Salad, Ham Deli Sub Sandwich

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MONDAY

Classic Cafe Chicken Gyro, Cucumber Ranch Salad, Sweet Potato Fries

Diner Station Beef Hotdog on a Bun

Fresh Choices Chef Salad, Buffalo Chicken Wrap

26

THURSDAY

Teacher Work Day (No School)

24

TUESDAY

Classic Cafe Sub Sandwich Bar, Kettle Potato Chips, Baby Carrots, Fresh Apple, Treat

27

FRIDAY

Enjoy Your Summer Break!

25

WEDNESDAY

Early Out (No Lunch Served)

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30

Memorial Day, NO SCHOOL

MONDAY

THURSDAY

TUESDAY

FRIDAY

WEDNESDAY

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