

Charles City High School Lunch Menu

Fruit and Vegetable Bar Offered Daily



May
2022

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2

MONDAY

- Classic Cafe** Turkey BLT Flatbread, Kettle Potato Chips
- Diner Station** BBQ Rib Sandwich
- Pizza Station** Cheese Pizza
- Fresh Choices** Crispy Chicken Salad, Buffalo Chicken Wrap

5

THURSDAY

- Classic Cafe** Chicken Fajitas, Mexican Corn, Shredded Lettuce, Green/Yellow Bell Pepper, Salsa
- Diner Station** Spicy Chicken Patty on Bun
- Pizza Station** Cheese Pizza
- Fresh Choices** Chef Salad, Fiesta Munchable

3

TUESDAY

- Classic Cafe** Sloppy Joe on a Bun, Baked Beans, Cookie
- Diner Station** Corn Dog
- Pizza Station** Pepperoni Pizza
- Fresh Choices** Beef Taco Salad, Ham Deli Sub Sandwich

6

FRIDAY

PD Day/No School

4

WEDNESDAY

- Classic Cafe** Chicken Bites w/ Sweet & Sour Sauce, Brown Rice, Whole Grain Dinner Roll, Stir Fry Vegetable
- Diner Station** Grilled Ham & Cheese Sandwich
- Pizza Station** Sausage Pizza
- Fresh Choices** Turkey BLT Salad, Chicken Caesar Wrap

EXTRA INFO

Harvest of the Month



Milk choice of white or chocolate available,
for questions/comments please contact your
FSD at taher@charles-city.k12.ia.us

Menus are subject to change without notice. This institution is an equal opportunity provider.



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MONDAY

- Classic Cafe** Chicken Bacon Ranch Melt, Tater Tots, Cucumber Ranch Salad
- Diner Station** Beef Hotdog on a Bun
- Pizza Station** Pepperoni Pizza
- Fresh Choices** Chicken Caesar Salad, Turkey BLT Wrap

10

TUESDAY

- Classic Cafe** Popcorn Chicken, Whole Grain Dinner Roll, Mashed Potatoes
- Diner Station** Fish Nuggets
- Pizza Station** Sausage Pizza
- Fresh Choices** 7 Layer Salad, Ham Deli Sub Sandwich

11

WEDNESDAY

- Classic Cafe** Pancakes, Scrambled Egg, Breakfast Potatoes
- Diner Station** Ham, Egg, Cheese Breakfast Sandwich
- Pizza Station** BBQ Chicken Pizza
- Fresh Choices** Buffalo Chicken Salad, Yogurt Pak with Bagel

12

THURSDAY

- Classic Cafe** Beefy Nachos w/Cheese Sauce, Spicy Pinto Beans
- Diner Station** Chicken and Cheese Quesadilla
- Pizza Station** Cheese Pizza
- Fresh Choices** Turkey BLT Salad, Turkey Deli Sandwich

13

FRIDAY

- Classic Cafe** Italian Meatball Sub, Steamed Green Beans
- Diner Station** Crispy Chicken Tenders
- Pizza Station** Sausage Pizza
- Fresh Choices** Chicken Caesar Salad, Turkey Ranch Wrap

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MONDAY

- Classic Cafe** Crispy Chicken Sandwich, Romaine Lettuce, Tomato Slices, Golden French Fries
- Diner Station** Corn Dog
- Pizza Station** Sausage Pizza
- Fresh Choices** Beef Taco Salad, Ham Deli Sub Sandwich

19

THURSDAY

- Classic Cafe** Chicken & Gravy, Mashed Potatoes, Whole Grain Dinner Roll, Steamed Corn, Wheatberry Salad - Sample
- Diner Station** Crispy Chicken Tenders
- Pizza Station** Pepperoni Pizza
- Fresh Choices** 7 Layer Salad, Turkey BLT Wrap

17

TUESDAY

- Classic Cafe** Cheesy Italian Flatbread, Steamed Broccoli, Caesar Salad
- Diner Station** BBQ Rib Sandwich
- Pizza Station** Cheese Pizza
- Fresh Choices** Chef Salad, Crispy Chicken Wrap

20

FRIDAY

- Classic Cafe** Walking Taco, Refried Beans, Shredded Lettuce, Salsa
- Diner Station** Chicken and Cheese Quesadilla
- Pizza Station** Cheese Pizza
- Fresh Choices** Harvest Chicken Salad, Turkey Deli Sub Sandwich

18

WEDNESDAY

- Classic Cafe** BBQ Chicken Sandwich, Baked Beans, Coleslaw, Chocolate Chip Cookie
- Diner Station** Fish Sandwich with Cheese
- Pizza Station** Chicken Alfredo Pizza
- Fresh Choices** Crispy Chicken Salad, Ham Deli Sub Sandwich

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MONDAY

Classic Cafe Chicken Gyro, Cucumber Ranch Salad, Sweet Potato Fries

Diner Station Beef Hotdog on a Bun

Pizza Station Taco Pizza

Fresh Choices Chef Salad, Buffalo Chicken Wrap

26

THURSDAY

Teacher Work Day (No School)

24

TUESDAY

Classic Cafe Sub Sandwich Bar, Kettle Potato Chips, Baby Carrots, Fresh Apple, Treat

27

FRIDAY

Enjoy Your Summer Break!

25

WEDNESDAY

Early Out (No Lunch Served)

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Memorial Day, NO SCHOOL

MONDAY

THURSDAY

TUESDAY

FRIDAY

WEDNESDAY

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