



Charles City Schools Breakfast Menu

May
2021

Fresh fruit and vegetables offered daily!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Breakfast Pizza</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>4</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>5</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>6</p> <p>Breakfast Sandwich</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>7</p> <p>Professional Learning Day (No School)</p>
<p>10</p> <p>Fruity Cheerios Cereal Bar</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>11</p> <p>Blueberry Muffin Cheese Stick</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>12</p> <p>Turkey Breakfast Biscuit</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>13</p> <p>Mini French Toast</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>14</p> <p>Plain Bagel Strawberry Cream Cheese</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>
<p>17</p> <p>Cinnamon Toast Crunch Graham Crackers</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>18</p> <p>French Toast Loaf Cheese Stick</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>19</p> <p>Strawberry Cream Cheese Filled Bagel</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>20</p> <p>Egg & Cheese Breakfast Sandwich</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>21</p> <p>Banana Choc Chip Muffin Cheese Stick</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>
<p>24</p> <p>Mini Pancakes</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>25</p> <p>Ham n' Egg-wich</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>26</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>27</p> <p>Cocoa Puffs Graham Crackers</p> <p>Vegetable Selection Fruit or Fruit Juice 1% Milk</p>	<p>28</p>
<p>31</p>				<p>Choose MyPlate.gov</p>

PRICES

Breakfast and Lunch
are FREE
for all students!!

EXTRA INFO

Milk choice of 1% or ff chocolate available.
For questions/comments, please contact your
FSD
at 641-257-6505 ext 2316 or
email taher@charles-city.k12.ia.us

HARVEST OF



THE MONTH

Your **MENUS** plus more
information on our app
Taher Food4Life®



www.taher.com