





Charles City Schools Lunch Menu

March
2021

Fresh fruit and vegetables offered daily!



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|
| <p>1</p> <p>Chicken Fajitas</p> <p>Spicy Pinto Beans Fruit Choice</p> | <p>2</p> <p>Pasta with Meat Sauce Rip Stick Breadstick</p> <p>Caesar Side Salad Fruit Choice</p> | <p>3</p> <p>Crispy Chicken Sandwich</p> <p>Mashed Potatoes Fruit Choice</p> | <p>4</p> <p>Sloppy Joe on a Bun</p> <p>Potato Wedges Coleslaw Fruit Choice</p> | <p>5</p> <p>Professional Learning Day (No School)</p> |
| <p>8</p> <p>K-12 Conferences (No School)</p> | <p>9</p> <p>BBQ Chicken Sandwich</p> <p>Kettle Potato Chips Broccoli Salad Fruit Choice</p> | <p>10</p> <p>Totchos</p> <p>Steamed Corn Fruit Choice</p> | <p>11</p> <p>Popcorn Chicken Whole Grain Dinner Roll</p> <p>Cheesy Mashed Potatoes Fruit Choice</p> | <p>12</p> <p>Cheesy Italian Flatbread Marinara Sauce</p> <p>Leafy Green Salad Fruit Choice</p> |
| <p>15</p> <p>Spring Break (No School)</p> | <p>16</p> <p>Spring Break (No School)</p> | <p>17</p> <p>Spring Break (No School)</p> | <p>18</p> <p>Spring Break (No School)</p> | <p>19</p> <p>Spring Break (No School)</p> |
| <p>22</p> <p>French Toast Sticks Sausage Patty</p> <p>Breakfast Potatoes Warm Cinnamon Apples</p> | <p>23</p> <p>Turkey BLT Flatbread</p> <p>Kettle Potato Chips Cucumber Ranch Salad Fruit Choice</p> | <p>24</p> <p>Beefy Nachos w/Cheese Sauce</p> <p>Black Beans Fruit Choice</p> | <p>25</p> <p>Chicken Bites with Sweet and Sour on side Brown Rice</p> <p>California Blend Vegetable Fruit Choice</p> | <p>26</p> <p>Cheese Pizza</p> <p>Garden Salad Fruit Choice</p> |
| <p>29</p> <p>Cheeseburger on Bun</p> <p>Golden French Fries Fruit Choice</p> | <p>30</p> <p>Crispito chips and salsa</p> <p>Refried Beans Fruit Choice</p> | <p>31</p> <p>Chicken & Gravy Whole Grain Dinner Roll</p> <p>Mashed Potatoes Fruit Choice</p> |  |  <p>Choose MyPlate.gov</p> |

PRICES

Breakfast and Lunch are FREE!! for all students ENJOY!!

EXTRA INFO

Milk choice of 1% or ff chocolate available. For questions/comments, please contact your FSD at 641-257-6505 ext 2316 or email taher@charles-city.k12.ia.us

HARVEST OF



THE MONTH

Your MENUS plus more information on our app TaHER Food4Life®



www.taher.com