



Essential Competencies

Communication

Convey opinions and ideas using oral, written, and non-verbal skills in a variety of forms and contexts. Listen and observe to decipher meaning. Inform, instruct, motivate, persuade and connect with a variety of audiences through effective interactions.

Adaptability

Work effectively in a climate of changing priorities. Demonstrate agility in thoughts and actions. Respond productively to feedback, praise, setbacks, and criticism. Understand, negotiate, and balance diverse views and beliefs to reach solutions.

Learner's Mindset

Embrace curiosity to explore new ideas. Possess the desire to learn, unlearn, and relearn. Develop positive attitudes and beliefs about authentic learning. Immerse in new experiences and look at familiar experiences with new eyes. Persist through obstacles and challenges.

Empathy

Express awareness, sensitivity, concern, and respect to connect with others' feelings, thoughts, opinions, experiences, and cultures.

Integrity

Follow set of core values, which are demonstrated through choices and actions. Earn others' trust and respect through honest and honorable behaviors.

Critical Thinking

Views problems, looking for both "bigger picture" connections and more detailed distinctions, to gain insights that will inform solutions. Regularly pursues additional information and evidence to refine understandings.