

Charles City Schools Wellness Progress Report

Wellness Committee Contact: Jenna Haglund

Date Completed: 6/1/2022

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. A School Wellness Committee will be established per board policy 507.9 and will meet at least once annually.	Jenna Haglund (School Wellness Leader)	x			Meets several times a year. Challenge in getting everyone to the meetings due to busy schedules	Need to get more groups involved on the committee.
2. Monthly food of the month taste testing at lunch	Jenna Brumm(FSMC)	x			Uses fruit/vegetables of the month, puts them on the menu and educates the students about it.	Ongoing education opportunities

Physical Activity Goals

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1. As appropriate, schools will support students, staff and parents' efforts to maintain a healthy lifestyle.	Jenna Haglund(School Wellness Leader)		x		5K run was scheduled then due to several weather delays it got canceled. Worked with community partnerships	Work to have more than one scheduled date to make sure this happens

Other School-Based Activities Goals

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1. Mental Health Crisis Team in each building	Jenna Haglund(School Wellness Leader)			x	Several meetings with the committee and senior leaders at each building	Continue to meet to work towards accomplishing the goal.

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

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1.The schools will only allow marketing and advertising of food and beverages that meet Smart Snacks in school nutrition standards on campus during the school day	Jenna Brumm (Food Service Management Company)	x			All food and beverages are run through the smart snack program to assure items being sold meet nutrition standards	Continue to do what we are doing to assure this.

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.

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1. District provides parents with a list of food and beverages that meet nutrition standards for classroom snacks and celebrations	Jenna Haglund(School Wellness Leader)		x		Lists are given to parents for snacks in the classroom	Teachers need to ensure that snacks brought do meet nutrition standards. More education for teachers

Polices for Food and Beverage Marketing

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1. Schools will only allow marketing and advertising of foods and beverages that meet Smart Snack nutritional standards	Jenna Haglund(School Wellness Leader)		x		Posters and newsletters	Need to market more so everyone is aware.

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